Frosh Leader 101: Partying on the Shoulders of Awesome People

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Bethune College Basic Frosh Leader Training
Bethune College Council and Student Ombuds Services
Sunday, June 22 2014
Part 1: Benefits of being a Frosh Leader
What do you see as the benefits?

Benefits

York U/BC

Frosh Leader

Froshies/FL Experience

Froshies
What do you see as the benefits?

Benefits to the Frosh Leaders?
Benefits for Frosh Leaders

- Develop leadership and communication skills
- Learn how to coordinate events
- Connect with future Frosh Leaders
- Act as peer mentors
SENIOR FROSH LEADERS...
SHARE YOUR EXPERIENCE!
What do you see as the benefits?

Benefits to the Froshies?
Benefits for Froshies

• Creates a sense of belonging and support

• Contributes to:
  – Relationships/Networks
  – Sense of community
  – Ease of transition to university life
FORMER FROSHIES...

SHARE YOUR EXPERIENCE!
What do you see as the benefits?

Benefits to the Froshie-Frosh Leader Experience?
Benefits of the Froshie - Frosh Leader Experience

• FLs learn how to interact with students
• Students learn how to ask questions and interact with their peers
What do you see as the benefits?

Benefits to York U/BC?
Benefits for YorkU

- Builds awareness of resources
- Builds a more connected community
- Improves school popularity
How does frosh connect to mentoring?
You are in a position whereby your actions have the power to inspire others to:

Dream more,
Learn more,
Do more,
And become more…

John Quincy Adams
Part 2:
Selecting a Frosh Leader
What specific traits are you looking for in a Frosh Leader?
In your groups, take a few minutes to discuss and write down what are the responsibilities and values of a:

- FROSH LEADER
- FROSHIE
<table>
<thead>
<tr>
<th>FL</th>
<th>FROSHIE</th>
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<tbody>
<tr>
<td>Inclusivity</td>
<td>Active participant</td>
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<td>Sense of Community</td>
<td>Retain critical faculties</td>
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<td>Share experiences</td>
<td>Remain open to multiple influences</td>
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<td>Empower froshies</td>
<td>Own responsibility for success</td>
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<td>Refer and network</td>
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Frosh Leadership as a reciprocal experience

The best Froshie - Frosh Leader relationships are characterized by:

- Honest, two-way exchange
- Respectful debate on differing views
- Critical assessment of ideas
- A leveling of the power gradient
- Mutual and unconditional acceptance
- Respect for limits and boundaries
Please write down 3 things you learned in this module!