

SOS Presents: How To Get into Chiropractic School



Who are we?

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Posted Slides:

<http://bethune.yorku.ca/events/>

What do chiropractors do?

Chiropractors are health care professionals concerned with the diagnosis, treatment, and prevention of disorders to the neuromusculoskeletal system.



Neuromusculoskeletal system?

Neuro = Nervous System

Musculo = Muscular System

Skeletal = Skeletal System

How do chiropractors provide treatment?

Treatment methods include exercises and lifestyle counseling. More specifically, physical manipulation of the spine, joints, and soft tissue are conducted by chiropractors.





Chiropractics

Chiropractors can also treat many other disorders such as digestive issues, asthma, numbness, recurrent colds, sciatic, chronic fatigue, chest pain, headache, sports injury

Aim: To improve overall body function and health by physical manipulations



Agenda

- ▶ CMCC
- ▶ Admission requirements
- ▶ Application Process
- ▶ Interview Process
- ▶ Program
- ▶ Tuition and Fees



Canadian Memorial Chiropractic College (CMCC)

6100 Leslie Street, Toronto,
Ontario M2H 3J1 Canada
Telephone 416 482 2340
Toll free 1 800 463 2923
Fax 416 646 1114



<https://www.cmcc.ca/about-cmcc/contact-us>

CMCC



- ▶ Established by chiropractors for chiropractors
- ▶ CMCC is accredited by the Canadian Federation of Chiropractic Regulatory and Educational Accrediting Boards (CFCREAB), which is incorporated under the laws of Canada and CCEI (Council on Chiropractic Education International)
- ▶ Teaching Clinics across GTA (Sunnybrook, St. Michael's Hospital)

Admissions



- ▶ CGPA of 2.50 on a 4.00 grade point scale:

Average GPA of admitted students is 3.1

- ▶ Must complete at least three full years of undergraduate university study in Canada (15 full year courses or 90 credit hours).

Complete as of May 31st of the year in which one applies in.

- ▶ Proficiency in English
- ▶ No pre requisite courses needed.

Admissions



- ▶ Recommended courses:
 - ▶ One full course (with labs): organic chemistry and biology
 - ▶ One Half Course: introductory psychology
 - ▶ One and One Half Course: Humanities and or Social Sciences

Application Process

- ▶ First create a MyCMCC account:
<https://www.cmcc.ca/forms/new-user-registration>

Tip!

Use a professional username.

Good Username:

Fatema.Ali

Not-so-good Username:

SpinalKordKiller69

Application Process

- ▶ Part A - Complete the Online Admission Application and Fee Form*
- ▶ Part B - Complete the Online Course and Grades for the schools attended.

Application Process

- ▶ Part C - Have official academic transcripts sent directly to CMCC.

Transcript Ordering/Shipping Fees:

<https://www.registrar.yorku.ca/transcripts/>

Published Deadline: November 15th, 2019 is the deadline for the 2020 admission cycle.

Interview Process

- ▶ Interviews are granted if applicants meet the undergraduate CGPA (2.5 on a 4.0 scale)
- ▶ The video interview lasts approximately 30 minutes
- ▶ The interview team considers: communication, collaboration, management, health advocacy, scholarship and professionalism

<https://www.cmcc.ca/admissions/interview>

Interview Process

- ▶ The ideal candidate will have:
 - ▶ Chiropractic experience: through job shadowing/volunteering at a chiropractic clinic or being a chiropractic patient
 - ▶ Conducted your own research on the chiropractic profession
- ▶ All applicants will be notified of their application outcome by mid April.

How many people are admitted?

- ▶ Accept ~200 students per year

2017-2018 Admission Stats:

<https://www.cmcc.ca/admissions/>

(bottom of that page)

CMCC

CMCC's undergraduate program meets the education requirements established for the practice in the chiropractic field and is recognized by regulatory bodies in:

- ❖ All provinces in Canada,
- ❖ All U.S. states, and
- ❖ Many other jurisdictions around the world.



Completion of the Undergraduate degree program will lead to a Doctor of Chiropractic degree.

First...

- 90 Credits in an Undergraduate Degree at York (or any other accredited university)
- Equivalent to 3 years with a full course load



And then...

- Four-year Program at CMCC



Second-entry baccalaureate honours
degree; Doctor of Chiropractic Degree (DC)



Before Starting...

- ▶ Must attend Orientation
- ▶ Student Immunization Form
- ▶ Vulnerable Sector
- ▶ Two Step TB test - positive must be reported to Admissions
- ▶ Certificate of Standard First Aid and CPR Level C

Program Outline

- ▶ **Four year Doctor of Chiropractic (DC) Degree**

- ▶ **Year I & Year II**

Students build their foundation of knowledge in basic sciences and pathology for clinical skills and decision making while also getting hands on experience through courses in chiropractic skills, diagnosis and symptomatology, orthopaedics and diagnostic imaging.

Program Outline

Year III

- ▶ Emphasizes knowledge integration through the use of case-based clinical material to prepare students for internship in the CMCC clinics.
- ▶ The basic sciences from Years I and II are integrated into the clinical and diagnostic sciences by providing laboratory diagnosis, pathology, and clinical nutrition classes.

Program Outline

Year IV

- ▶ is a 12 month clinical internship in two of CMCC's clinical settings where interns provide direct care and education to patients under the supervision of a licensed chiropractor. Year IV students also engage laboratory clerkships and advanced diagnostic imaging, public health and business management.



Fees and Financial Information

| | Annual Tuition | Student Activity | SCCA | Convocation Fee | Student Group Insurance | Total |
|---------------|----------------|------------------|------|-----------------|-------------------------|----------|
| Year I to IV | | | | | | |
| Canadian | \$24,828 | \$190 | \$25 | \$75 | \$400 | \$25,493 |
| International | \$29,794 | \$190 | \$25 | \$75 | \$977 | \$31,036 |



Fees and Financial Information

- ▶ Online Application (non-refundable) \$150
- ▶ Interview (non-refundable) \$150
- ▶ Confirmation of acceptance* (non-refundable) \$500

Université du Québec a Trois-Rivières

- Five-year program
- Proficiency in French is required
- Visit : www.uqtr.ca

After Graduation



Chiropractic Education

Graduate from an accredited DC Program.



CCEB National Competency Examinations

Candidates who wish to practice chiropractic in a Canadian province must obtain a CCEB Certificate.



Application for Licensure

Once a chiropractor has graduated from an accredited DC Program and obtained a CCEB Certificate, he or she must apply for licensure in a Canadian province. Each Provincial Licencing Office has unique requirements for licensure and should be contacted as soon as possible.

CCEB National Competency Examination

- ▶ Canadian Chiropractic Examining Board (CCEB)
 - ▶ Offered 3x/year - February, June & October
- ▶ Component A - Chiropractic Knowledge
- ▶ Component B - Clinical Decision Making & Diagnostic Imaging
- ▶ Component C - Clinical Skills Evaluation
<http://www.cceb.ca/exam-process/>

Component A

- You will be tested on
 - Your understanding of terminology (or vocabulary);
 - Your understanding of fact and principle (or generalization);
 - Your ability to make evaluative judgments;
 - Your ability to arrive at an appropriate diagnosis on the basis of the information provided in a clinical vignette; and
 - Your ability to make appropriate patient management recommendations on the basis of information provided in a clinical vignette.

Component B

- You will be tested on
 - Your understanding of terminology (or vocabulary);
 - Your understanding of fact and principle (or generalization)
 - **Your understanding of radiographic images;**
 - **Your ability to recommend appropriate actions (in some specific practical problem situations);**
 - Your ability to make evaluative judgments;
 - Your ability to arrive at an appropriate diagnosis on the basis of the information provided in a clinical vignette;
 - your ability to make appropriate patient management recommendations on the basis of information provided in a clinical vignette.

COMPONENT C

- Candidates will be assessed on their ability to:
 - Ability to obtain relevant history information through a patient interview
 - Ability to perform relevant physical examinations and interpret the findings
 - Use physical examinations to differentiate conditions
 - Utilize history and physical examination information to formulate diagnoses, differential diagnoses, treatment recommendations, and plans of management
 - Communicate with the patient to explain findings, diagnoses, treatment recommendations and plans of management
 - Obtain informed consent
 - Demonstrate appropriate chiropractic treatment skills
 - Respond to patient questions, concerns and behaviors

Exam dates and sites are subject to change.

| Date | Exam | Sites | Application Opens | Application Deadline (4:00 PM Alberta Time) |
|------------------|----------------------------|---------------------------------|-------------------|--|
| June 8, 2019 | Component A Component B | Montreal | March 11, 2019 | April 5, 2019 |
| June 8, 2019 | Component C | Montreal Hamilton | | |
| June 9, 2019 | Component C | Montreal Hamilton | | |
| October 5, 2019 | Component A Component B | Montreal Hamilton Calgary | July 8, 2019 | August 2, 2019 |
| October 6, 2019 | Component C | Hamilton | | |
| February 1, 2020 | Component A Component B | Hamilton Calgary | November 4, 2019 | November 29, 2019 |
| February 2, 2020 | Component C | Hamilton | | |

Exam Sites

| | | |
|------------------------------------|----------|--|
| Component A Component B | Calgary | Ramada Plaza Calgary Airport Hotel & Conference Center 3515 26th Street NE |
| | Hamilton | Hamilton Convention Centre, 1 Summers Lane |
| | Montreal | Vanier College Entrance via building A 865 Avenue Ste-Croix, Saint-Laurent, QC H4L 3X9 Take outside ramp up to 2nd Floor Amphitheatre is in building B 223 |
| Component C | Hamilton | David Braley Health Sciences Centre McMaster University 100 Main Street W. Hamilton, Ontario |
| | Montreal | Centre Hospitalier De l'Université de Montreal (CHUM) 900, rue St-Denis, Montréal, Québec |

| | |
|--|---|
| Component A | <ul style="list-style-type: none"> • May be taken 10 months before graduation from a CCE accredited chiropractic educational institution • Candidates must complete the Component A exam before taking Components B or C • Requires an Eligibility Letter, with current GPA and date of graduation, or an official transcript from the accredited program |
| Component B | <ul style="list-style-type: none"> • May be taken 6 months before graduation from a CCE accredited chiropractic educational institution, subsequent to passing of Component A • May be taken with Component C if within 3 months of graduation • Requires an Eligibility Letter, with current GPA and date of graduation, or an official transcript from the accredited program |
| Component C | <ul style="list-style-type: none"> • May be taken 3 months before graduation from a CCE accredited chiropractic educational institution • Component B and C exams must be completed within 3 years of each other • Requires an Eligibility Letter, with current GPA and date of graduation, or an official transcript from the accredited program |
| CCEB Certificate | <ul style="list-style-type: none"> • Issued upon completion of required exams and receipt of final official transcript • The original final transcript must be received within 3 months of the exam date or the results will become invalid |
| Recertification | <ul style="list-style-type: none"> • Components B and C upon direction from a Provincial/Territorial Regulatory Board |
| Entry to Practice in Canada & Experienced Practitioners | <ul style="list-style-type: none"> • Chiropractors entering Canada from: <ol style="list-style-type: none"> 1. Non-regulated jurisdiction – Components A, B and C required. 2. Regulated jurisdiction with less than 3 years experience – Components A, B and C required. 3. Regulated jurisdiction with greater than 3 years experience – Components B and C required upon written direction submitted to CCEB from a <u>Provincial/Territorial Regulatory Board</u> <i>Please be advised that written direction from the Regulatory Board exempting Chiropractors from the Component A exam expire one year after issuance.</i> |
| Rewrite Opportunities | <ul style="list-style-type: none"> • There is a limit of 4 attempts at any exam. |

Application for Licensure

- ▶ After graduation from an accredited DC program and obtaining a CCEB Certificate, you must apply for a Chiropractic licence
- ▶ Please note that each province has unique requirements for provincial licensure

College of Chiropractors of Ontario (CCO)



- ▶ Graduated from an accredited chiropractic college (CMCC)
- ▶ Obtained CCEB Certificate
- ▶ Completed CCO Legislation and Ethics Examination (offered during the same week as CCEB exams)
 - ▶ Offered 3x/year
 - ▶ 2 hour open book examination
 - ▶ \$180

Employment Information

Source: Service Canada

- ▶ Employment Status (Full Time): 77.7%
 - ▶ Self-Employment: 83.3%
 - ▶ Average Annual Salary (Full Time): \$56,408
 - ▶ Average Annual Growth (2015-2019): 1.7%
- http://www.servicecanada.gc.ca/eng/qc/job_futures/statistics/3122.shtml

Future Career Paths

Practicing

- ▶ Work in a private clinic
- ▶ Work in a rehabilitation center
- ▶ Work in a multidisciplinary setting

Graduate Programs

- ▶ Clinical Sciences
- ▶ Diagnostic Imaging
- ▶ Sports Sciences
- ▶ Work Disability Prevention Program

Teaching

- ▶ Chiropractic educator

Important Links

- ▶ Admissions CMCC: <http://www.cmcc.ca/Page.aspx?pid=348>
- ▶ CMCC Academic Calendar:
<http://www.cmcc.ca/document.doc?id=859>
- ▶ CMCC Brochure: <http://www.cmcc.ca/Document.Doc?id=278>
- ▶ Fees: <http://www.cmcc.ca/Page.aspx?pid=352>
- ▶ Program: <http://www.cmcc.ca/Page.aspx?pid=291>
- ▶ CMCC Useful Links:
<http://www.cmcc.ca/page.aspx?pid=383#Anchor2>

Any Questions?

